

DEEP SOUTH MATTERS

Published four times a year

Winter, 2014



From The Desk of the Director

2013 – 2015 Deep South Region Theme "Share the Beauty of Gardening"

A hint of Fall with cooler weather is in the air in the Deep South. It is very much appreciated as it has been a long hot summer for most of us. The DS State Presidents and many DS Chairmen attended and enjoyed the NGC Board meeting in Des Moines in Sept. The state Presidents will be making their District Tours, and bringing current information and plans from the Board meeting to the Districts and Clubs.

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PLEASE NOTE and make the following changes to your calendar: The Deep South Convention to be held in Birmingham AL is moved back one day. The Convention will be held Mar. 24-26, 2015. The "opening night" will be Mar. 24th with the following two days Convention, and the Post Board meeting on Mar. 27, 2015. The theme for the Convention is "Home Sweet Alabama" and the members are working very hard to make this an "unforgettable" Convention for all. "You All Come."

PLEASE NOTE the following dates and information for scholarship applications to be in for NGC and Deep South:

NGC Scholarship applications must be sent to the State Scholarship Chairman no later than Feb.1, and then sent on to the NGC Scholarship Ch., Bonnie Borne.

The Deep South Scholarship applications must be sent to the State Scholarship Chairman to be received no later than Feb. 1. The state scholarship Ch. then sends the entries to the DS Scholarship Chairman, Mary Summerville.

The NGC Schools are being held in many of the DS states during this coming year.

The list of schools and dates is now on the DS Website. Do check out the list if you want to go to a school, and perhaps you will find one close to you that will fit into your schedule.

This is the time to "Think Awards." The awards are all listed on the NGC & DS Website with requirements and due dates. You do the projects so do enter for awards. It is such great "fun" to win at convention. Your club will be so proud and honored. Let's have lots of winning awards.

Reminders of special one-time two-year awards and due dates: "Making a world of Difference - Choices Matter" is the NGC President's Project. It is centered on the natural resources of plant earth - air, water, forest, land and wildlife. The deadline is March 31, 2015. If you have a Community Garden do enter for an award. The Deep South Regional Project is Community Gardens. The due date is Jan. 31, 2015.

S. Kelley Harrell once wrote, "Regardless of geographical region or culture, gardening is perhaps the most common and shared experience of Nature."

Gloría Blake

2013-2015 Deep South Regional Director

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Editor's Message

Editor's Welcome

Greetings! No wonder we call this time of year "Fall" – as the temperature is truly falling here in North Florida! And.... the *leaves* are falling all over the city. It's definitely time to get the rake out of the garden shed and get busy raking! Raking leaves IS a great way to get that exercise we need, and will certainly need after we enjoy the Thanksgiving feasts we are planning. This is a wonderful season to reunite with family and friends.

We are all still sharing memories of our trip to Des Moines, Iowa for the NGC Fall Board Meeting. The hospitality was outstanding and we were delighted to enjoy visiting with friends from all over as we discovered the special attractions of Des Moines. Touring the test gardens of the Better Homes and Gardens magazine corporation was fun. The garden included a vegetable garden a compost site, a tool shed, a waterfall with pond, with many landscaping examples that the average homeowner can take advantage of in home gardens and yards. The home base for the World Food Prize Facility was especially interesting. The city's old library building has been refurbished and repurposed to serve as the home for this worthwhile organization. It's worth Googling to learn more about this organization. The Greater Des Moines Botanical Center, which is in the process of being re-built, is truly a "jewel in the crown" for the city, and was especially delightful!

In this issue you will get a taste of a wonderful new NGC Resource Booklet prepared by Mary Sue Colvin, Chairman of the Environmental Concerns and Conservation Committee for NGC.... Mary Sue is one of our OWN Deep South Region members, and we are pleased to have her "shine" with this new educational tool that is sure to be widely used for the classroom, youth groups and garden club meetings. The booklet provides creative learning resources for the study of planet earth, based on eleven topics: Air, Bees, Birds, Butterflies, Energy, Forests, Invasive Plants, Land Conservation, Recycling, Water, and Wildlife. Be sure to obtain this FREE resource for use in your area. It's available for downloading on the NGC Website, www.gardenclub.org. Electronic copies may be received by email from NGC Headquarters at headquarters@gardenclub.org.

Become an ECOLOGY WARRIOR as you explore, study and share this wonderful new resource. THANKS to Mary Sue and her team for producing this much-needed booklet for us!

Settle in with a hot cup of cocoa, bask in the brisk weather and enjoy this issue. It is LOADED with information and articles that you will find informative and interesting. Let us hear from you as to what you most enjoy and would most like to see in future issues of DSM.....

Jan

Jan Sillik, DSM Editor

Reminder - The deadline for the Spring Issue of DSM is January 15th.

Regional Directors Schedule 2015



Jan. 13-15, 2015 – FFGC Board Meeting, Winter Park, FL Jan. 26-29, 2015 – Executive Board Meeting, Las Vegas, NV March 24-26, 2015 – DS Convention, Birmingham, AL March 27-28, 2015 – The Garden Club of Alabama, Inc., Convention, Birmingham, AL

April 14-16, 2015 – The Garden Club of Georgia, Inc., Convention, Jekyll Island, GA

April 17-19, 2015 - FFGC Convention, Boca Raton, FL May 14-17, 2015 – NGC Convention, Louisville, KY

Mission Statement for the Deep South Region

The Deep South Region is dedicated to advancing the objectives of the National Garden Clubs, Inc. and to coordinating the interests and the projects of the six states in the region.

The primary objectives are horticulture, gardening, landscaping, floral design, civic beautification and environmental concerns, with emphasis on fellowship, scholarship, stewardship, and leadership.

Regional Roundup

Alabama Trece Chancellor

September was busy with NGC Fall Board and the GCA Butterfly Event. Our Butterfly Chairman did an outstanding job



on GCA's Butterfly Event; you can read more about it in this Deep South Newsletter.

October was traveling time for the Garden Club of Alabama, Inc. officers. GCA President - Trece Chancellor, President Elect – Jan Thomas, 2nd Vice President- Tricia Mitchell and Treasurer- Rhea Brightwell attended the eight District Meetings in Alabama. Historian Lamar Merrill also attended many of the meetings. It is always an enjoyable experience to meet and visit with members across the state. Each District Meeting is different with its own personality and style.

We are looking forward to our "Every Light A Prayer For Peace" Tea at the Governor's Mansion and the Tree Lighting Ceremony on the Capital Steps in Montgomery on December 5, 2014. The ceremony honors our military troops and a time to pray for world peace.

Alabama will host the 2015 Deep South Convention March 24-26, 2015, post (new board) breakfast March 27. Gwen Kelley, Chairman and Patricia Tate, Co-chairman have been working diligently to make this convention one you do not want to miss. GCA Convention will begin on March 27-28, 2015. The convention will be held in Birmingham, AL at the Grandview Marriott.

Florida Sue Angle

Our 2014-2015 Garden Club Year began "Through the Garden Gate" with a celebration of FFGC's 90th



Year Anniversary and a Garden Party at our beautiful fifty-year-old Headquarters in Winter Park, Florida, on September 11, 2014. Three Hundred and Fifty men and women, many in period dress complete with hats and gloves, enjoyed displays with photographs and historical information of each of the nine decades of our 90 years.

Delicious food was served made from recipes taken from cookbooks of FFGC's past, a silent auction of beautiful design containers and line material, raffle baskets, a Wishing Well for greeting cards to wish FFGC well, and a tree for Scholarships and one for "Gifts Today for Tomorrow" were pinned with "green" dollar donations, all creating an exciting afternoon. An FFGC President's Garden was dedicated with eight Former Presidents in attendance for the planting of nine shrubs, one for each decade of celebration. The hard work of Chairmen Gina Jogan and Tina Tuttle, along with the help of our new Office Manager Dawn Murphy, created a magnificent celebration of the "Legacy we are passing on to the Future."

This President and three VP's just returned from a three-week tour of the state's district meetings, traveling 2,800 miles and visiting almost 1,500 members in our 12 Districts. It is so rewarding to hear the wonderful projects being carried out in the 200 Clubs represented. Our State's Coral Restoration Project continues with great enthusiasm and donations toward this important venture. Educational opportunities continue with a Symposium, Flower Show Schools, Gardening Study School and Landscape Design School Courses currently being offered around the state.



Former FFGC Presidents, reading left to right: Marion Hilliard, Carolyn Schaag, Jan Sillik, Gloria Blake, Carol Hall, Sue Angle, Joan Ochs, Beth Wilson, Cinny O'Donnell

We look forward to another year of continuing our mission to learn, to teach, to share, and to enjoy being Garden Club members of FFGC, DS and NGC!

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Regional Roundup

Georgia Suzanne Wheeler

The Garden Club of Georgia, Inc. has had a very active membership campaign during this term. The number of



new members projected through April, 2015 is 2000. We have a cute pewter watering can pin that all new members receive. In addition, we have a business card that members may download from our website. After the beginning of the year, there will be membership cards for clubs to download for distribution to members. Our membership team, chaired by GCG 4th VP Virginia Pennington, has developed a booklet outlining ideas for gaining new members. Clubs may find this booklet on our website, too.

Camellia District will sponsor Course III of Environmental Studies School in Tifton on November 3 - 4. Azalea District and The Augusta Council of Garden Clubs will sponsor Course II of Gardening Study School on November 14 - 15 in Augusta. Laurel District will sponsor Landscape Design School Course I on December 1 - 2 in Marietta. For information on these courses, please visit the GCG website www.gardenclub.uga.edu.

The seven District meetings were held recently. Members enjoyed the fellowship and learning that is always associated with these meetings.

Louisiana Yvette Hebert

Our Summer Board Meeting with our very



special guest NGC President, Linda Nelson, was a huge success. Chairman Libby Dupuy and Co-Chairmen Fran Anderson and Diane Lawton made us feel the "Summer and the Living is Easy" theme. What a great job they did, as did all those members who helped with Summer Board!

Gardening Study School, Course II on August 19-20, 2014 at the Ira Nelson Center, 2206 Johnston Street, Lafayette, LA has been completed and Course III will be announced shortly. Registration forms and information will be on the website (www.lgcfinc.org).

Flower Show School III was completed in October in New Orleans, LA. School IV will be held in the Spring of 2015 and is in the planning stages. Registration and information for it will be on the website (www.lgcfinc.org).

Landscape Design School I is in the planning stages. Registration and information for it will be on the website (www.lgcfinc.org).

LGCF District Meetings in October had wonderfully diverse programs. We learned of the "Threatened & Endangered Species in LA," "Flowers and Butterflies," "Iberville Parish-Delightful Discoveries at Every Bend" and Floral Designs, one of which was "Don't Box Me In." We learned many new tidbits of information and new ideas for club programs, which enhanced our own personal knowledge.

The LGCF Executive Council Meeting will take place in January at our Headquarters Home in Lecompte, LA. I invite you to visit our website (www.lgcfinc.org) and see our lovely home and other information that is posted. Visit our Live Oak Society (only oak trees are members) and learn how your state can participate in the registration of oaks. While you are online, visit our "Deeds and Doings" in our online Newsletter.

Until next time in "Nature's World Where Everything Belongs" . . .

Mississippi Mary Lynn Powers

The National Board Meeting in Des Moines was just the beginning of a roller coaster ride that is just now slowing



down to a snail's pace. Returning home I had two weeks of District Meetings and our GCM Fall Board Meeting waiting on me.

The six District Meetings were as different as our members even though we had all the same ingredients. Most were held in a church but one was held in an 1890 restored school in Wesson, MS. What a wonderful venue for our meeting! Another was held in an art gallery. Talk about the creativity of our members! We have just this administration added power points to the reports, giving a visual of all the beautiful projects of our member clubs.

Regional Roundup

The following week was our Fall Board Meeting. Linda Nelson was scheduled to be our guest at that meeting, but due to the storms that passed through the south that "travel day," her plane was delayed, then delayed again and finally cancelled. Unfortunately for us, she never made We had some wonderful speakers: Mary Schmidt from the it, and what a wonderful party for her she missed! The wife of the MS State University President, Rhonda Keenum, hosted a beautiful buffet and cocktail party in Linda's honor. Everyone was absolutely bowled over with her hospitality and generosity. The night turned out to be beautiful as well. Who would have thought the night could be so lovely after the storms of the day before.

Our 3 GCM scholarship winners were introduced by Ann Chiles, our state chairman, and our National Garden Club winner was introduced by Bonnie Borne, the NGC scholarship chairman. A lovely evening was enjoyed by all. The following morning the 59th Ed Martin Landscape Symposium was held on the campus. This is the longestrunning symposium of its kind and we are very proud to partner with MSU in hosting it.



GCM President, Mary Lynn Powers; scholarship winners: Emily Stewart, Andrew Shaman, Caroline Selman and Nathan Bartosek, GCM Scholarship Chairman, Ann Chiles and NGC Scholarship Chairman, Bonnie Borne.

Tennessee Ann McCormick

Tennessee Federation of Garden Clubs held its 61st Annual Conservation Camp at Pickwick Landing



State Park on October 9th & 10th. Last year's camp was so great that I was concerned about this one measuring up.

My concerns were unfounded. Under the chairmanship of Julie Wilson and Suzy Askew this was an equally successful event. Our theme was Together Again, Naturally.

Lichterman Nature Center on Butterflies and Birds; Suzy Askew on Water in the Garden, Rills and Channels; and Chris Cosby from the Memphis Botanic Garden on Soil, Compost and Backyard Ecology. Chris showed how he had allowed nature to work for him in amending his soil.

The following day Nick Esthus, who has studied and traveled in Japan and is in charge of the Japanese garden at Memphis Botanic Garden, showed us his photos of gardens and gardening techniques used there.

Next, there was Mack. Mack Prichard, Tennessee Naturalist Emeritus, gave a superb program on conservation efforts in Tennessee, the part the garden clubs paid in those efforts, and the politics - the good, the bad and the ugly. Mack has been a part of TFGC Conservation Camp for about 50 years.

Both Julie and Suzy, who are licensed Ikebana instructors, demonstrated some techniques of Ikebana design. They conducted workshops on making a booklet on identifying oak trees, on making flowers using magnolia leaves and pine cones, on creating a miniature Japanese garden in a cigar box, a collage, and bamboo flower designs. The crafts area was adjacent to our meeting space and available throughout our time there. A scavenger hunt provided some time out of doors.

One afternoon we had a tour of Shiloh National Park where some devastating battles were fought and where many men died.

Social activities were dinner at a restaurant on the banks of the Tennessee river, a sing-a-long, and a wine and cheese reception.

In conjunction with our Conservation Camp, Jeri Melton conducted a Landscape Design Refresher Course. What a great opportunity to learn and have a great time together again, naturally.

Calendar of Events

Alabama

Every Light A Prayer For Dec 5, 2014

Peace, Montgomery, AL

Jan 6, 2015 **Awards Committee**

Meeting, Prattville, AL

Jan 13, 2015 Board of Directors Meeting, Birmingham

Botanical Gardens

Mar 24-27, 2015 Deep South Convention,

Birmingham, AL

March 27-28, 2015 - The Garden Club of Alabama, Inc., Convention, Birmingham, AL

Florida

Jan 28 - 29, 2015 Tropical Short Course -Mounts Botanical Garden, West Palm Beach

Mar 15-17, 2015 Spring Symposium, St. Augustine - District IV

Mar 18 - 19, 2015 Landscape Design School, Course IV, Miramar

Mar 23 - 25, 2015 Flower Show School, Course II, Ft. Myers District IX

Mar 26 - 28, 2015 Flower Show School, Course III, Gulf Breeze - District I

Mar 31 - April 2, 2015 Flower Show School, Course II, Pt. St. Lucie, District X

Apr 17-20, 2015 FFGC Convention, Hosted by Districts XI & XII, Boca Raton

May 26-28, 2015 Flower Show School, Course III, Gulf Breeze - District I

June 16 – 18, 2015 Short Course, UF/FFGC Gainesville

Louisiana

Mar 24-25, 2015 DS Region Convention, Birmingham AL

Apr 21, 2015 Pre-Convention Tour -**Lake Charles**

Apr 22 - 23, 2015 LGCF Convention - Lake Charles LA

For the gardener, winter is a season in its own right, with enough time to seek out the best, often elusive scents, notice the texture of bark, enjoy shadows cast on the lawn by trees and trelliswork.

> Rosemary Verey, writing in the London Times, December 1990

Tennessee

Nov 20, 2014 - Phoebe Cook

Lecture Series, Dixon Gallery and Gardens, 11:00 A.M. Dec 5, 2014 - Greens Tea at TFGC Headquarters, Racheff House and Gardens, 1943 Tennessee Ave., Knoxville, TN Mar 17 - 19, 2015 - NGC Flower Show School IV, TFGC District I, Memphis Botanic Gardens Mar 23 – 25, 2015 FSS Course III - Ellington Agricultural

Center, 440 Hogan Road, Nashville, TN Apr 22 - 23, 2015 - TFGC Convention, Doubletree Hotel,

Jackson, TN

Georgia

Dec 1-2, 2014 Landscape Design School - Course I, Marietta Educational Garden Center

Jan 5-6, 2015 Landscape Design School

- Course II Marietta Educational Garden Center Jan 21, 2015 North Georgia Native Plant Symposium, **Athens**

Jan 29, 2015 Basic Design I (Unit 5 - Creative and Miniatures), Thomasville Garden Center Feb 27-28, 2015 Gardening Study School Course III, Augusta

Mar 17-18, 2015 Environmental Studies School, Tifton

Mississippi

Nov 4-6, 2014 Landscape Design School, Course III, Louisville, Lake Tiak-O'khata

Jan 13-15, 2015 Flower Show School III, McComb - Magnolia Electric Auditorium, 3012 Highway 98 E

Feb 12 - 13, 2015 Flower Show Symposium, First Regional Library Headquarters, 370 West Commerce St., Hernando

Apr 14 - 15, 2015 GCM 86th Annual Convention, Batesville - Holiday Inn Express, Batesville

I have often thought that if heaven had given me choice of my position and calling, it should have been on a rich spot of earth, well-watered.....no occupation is so delightful to me as the Culture of the earth.

Thomas Jefferson

BFF (Bee Forever Friendly)

Since NGC partnered with Crown Bees and the BeeGAP (Gardeners Adding Pollinators) program, there is a lot of buzzing about! It was Fall 2013 that NGC partnered with Crown Bees and so much has happened and so many bees are being raised. People say, "But what about the honey bee?" The honey bee is not forgotten and the colony collapse disorder is still occurring; but, we can reduce dependence on just one food pollinator. The native bees work well with the honey bees, so we are not forgetting them, we are giving them help. Everyone can help make a difference by planting bee gardens, or better yet, try your hand at raising your own bees. The gentle and gardenpollinating Leafcutter bee is the bee that works best in hot weather, where it is above 84 degrees for at least 5-6 weeks and temperatures can reach as high as 100. These bees work best in the south. Leafcutter bees are cavitydwelling bees that lay their eggs in existing holes; therefore, they do not create holes or damage structures. They stay close to home, foraging for pollen and nectar within 300 feet of the nest. They are not aggressive and most stings occur when they get caught in clothing and the

bee feels it is being squished. They carry pollen on their hairy abdomen which allows most of the pollen to fall off onto each flower they land on. That is why they are great and amazing pollinators.



Some tips on attracting native bees as well as Leafcutter bees are: DO NOT use PESTICIDES, plant local native plants, choose several colors of flowers, plant flowers in clumps, include flowers of different shapes, have a diversity of plants flowering all seasons, and provide an appropriate bee habitat. For a complete list of native plants by region visit www.xerces.org Everyone can help make a difference by just planting one bee-loving plant and then another. Get the picture? Before you know it you have a bee garden!

For those of us that had Leafcutter bees, or Mason bees this past summer, it's almost time for Fall harvesting which is September/October. Why not have a Bee Harvesting

party! What a great way to educate members, communities and our youth. Harvesting is where you open up your tubes, reeds, or wood trays to separate your cocoons from pests. For this and all the information you need on harvesting your bees go to www.crownbees.com You can also get involved in the buyback program which is also explained on this website. There is so much excitement this time of year as we prepare to open our reeds and trays and to see our first cocoons!!!!!

I never thought I'd say that I love bees, but walking among them and hearing their buzzing is soothing to the soul. I do

know that if you prepare the bee habitat and plant the bee loving plants they do come! The colors in your garden are bright and the plants look healthier. Bees are little miracle workers and without them we would not have the beauty of flowers, the sweet fruits we love, as well as the vegetables that we enjoy.



So remember, Bee happy, Bee kind, Bee Patient, Bee you, and most of all Bee-lieve!
Christy Linke
Deep South Bee Chairman

A WORD TO THE WISE...

or at least those who are wondering about anything related to Parliamentary Procedure. Our NGC Parliamentarian, Joan Corbisiero, reminds us that there is a wealth of information to be found at the website of the National Association of Parliamentarians. Joan will be giving a Workshop on voting at the 2015 NGC Convention in Louisville, Kentucky in May.

Gardeners Reap Many Benefits

I'm a gardener. I must have been born that way. Though I try, I cannot remember a time when gardening was not important to me. It has always been my hobby. Lately it has become more like an obsession. I can't fathom why this is so. Maybe it's just the first time that I don't have to work for a living. Now for the first time ever, I have the luxury of living my dreams and doing mostly as I please—within the budgetary restrictions of a retired school teacher, that is.

It's hard to say exactly when I crossed the line between hobby and obsession. I know that I have because tearing myself away from the garden for even a short trip is hard. Amiable Spouse would be content to spend the summer in the Rockies. I can't tear myself away from the garden that long. I'm afraid I'll miss the amaryllises or the tiger lilies.

I need my piece of ground. The daily encounter with the garden touches some deep, inner space and stills the nagging beasts of everyday torments that snap and snarl about my edges. It's like a fire in the darkness that keeps the wolves at bay. When I am in my garden, the creatures of the shadows keep their distance.

Indeed, the monsters don't stand a chance! I'm shielded by mighty armaments. The flowers, trees, and shrubs are conservators of my peace. Sounds and sights of birds, butterflies, and other creatures that share my space strengthen me. In the garden I am impervious to hostile influences that threaten my inner sanctum.

Those who share my passion know that a garden is not a thing; it is an experience. We not only garden; we study about it. We want books about it and all the tools of the trade. We want to visit other gardens and attend seminars and classes to learn more. We swap plants and buy all that our budgets permit.

I guess that's the way it is with many hobbies. Amiable Spouse knows how I feel—not because he gardens, but because he is an avid sportsman. He's as devoted to his hobby as I am to mine. He matches me, want for want, gadget for gadget, and trip for trip. He needs a gun for target shooting, one for pheasant hunting, one for deer hunting, and a few to look at. He needs a boat and a place at the river, and he needs to go places in pursuit of his game. We encourage each other because we understand so well!

Studies show that the mere presence of plants and gardens reduces stress. Indications are that plants and gardens may curb vandalism, domestic violence, and other forms of

crime. We know, too, that gardening is a very healthy activity. It ranks number two after weight lifting in helping women to prevent osteoporosis. It combines exercise, love of nature, and the joys of creating, discovering, and nurturing beauty.

For me, gardening is a necessity. Tending my garden is paramount to caring for my mind, body, and soul. It's the place where I feel most alive. Gardening is a spiritually grounding activity. It is exercise and fresh air and reconnecting to nature. It's a place where I've found solace during life's curve balls.

When I taught school and became exhausted from the daily challenges of dealing with sixth graders, I took a day off once in a while to spend in the garden. I chose the day carefully. I wanted it to be a full day with nothing to do except garden. I told my principals that I was sick, and indeed, I was. From sunrise until sunset I pursued my restorative tasks. Finally, when the day was done, I was physically exhausted but emotionally and spiritually refreshed. The next day in the classroom was pure magic. I had a whole different perspective, for tolerance and patience were restored. The children were angels once again.

That's the way it is with gardeners. We plant flowers, herbs, and vegetables. We cultivate and till the soil, but we harvest so much more. Peace and tranquility are in our storehouses ready to nourish us when we need sustenance.

Marie Harrison, DSR Chairman, The National Gardener Acclaimed Author, NGC Accredited Flower Show Judge

Blue Star Memorial Activities

A Marker was dedicated at the Capitol Dome in Atlanta on November 7. One will be dedicated on the 18th of Nov. One is being ordered this week for the Court House Grounds in Lincolnton, Ga. and I have met with County Commissioner of Columbia County, GA for placing one on the grounds there. He has to have a meeting with other officials for approval.

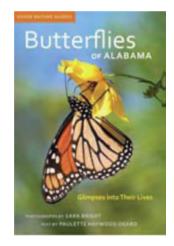
Peg Glover. Deep South Blue Star Chairman

Old gardeners never die. They just spade away and then throw in the trowel.

Anonymous

The Garden Club of Alabama "Butterflies of Alabama Event"

Sara Bright (photos) and Paulette Ogard (text), coauthors of the book, agreed to share their knowledge with the Garden Club of Alabama on September 23 at Aldridge Gardens in Hoover, Al. Paulette was diagnosed with the flu and was not able to attend, but Sara did a wonderful job.



Fifty five of us (including our President Trece Chancellor

and President-Elect Jan Thomas) from across the state came together for a delightful talk.

Welcoming butterflies into our landscapes is personally rewarding and environmentally important. As more and more habitat is lost, it is imperative to learn how our yards could become a beautiful oasis that sustains the butterfly species that live in our area.

Sara focused on why using native host and nectar plants is important and how we could incorporate these plants into our landscape. Specific groundcovers, vines, flowers, shrubs, and trees that are garden-worthy as well as butterfly-friendly were highlighted.

She also shared their project called "Books to Schools." Several partnerships are helping to put a copy of their book, along with a teacher's guide, in each of the state's 1,000 plus elementary schools.

Don't just take my word for what we learned. These are some of the "nuggets" and "Aha!" moments that I received from those attending:

"One for me would have to be I believe how a butterfly sees color in our gardens. I actually didn't realize that they see about as well as I do before I put on my contact lens!"

"I didn't know that they use different plants as hosts than what they use for nectar".

"I really liked the visuals she used to get across the concept that we all can do our small part in our own backyards, no matter how big or small."

"I enjoyed the event. I knew very little about butterflies, so most of the info was golden to me."

"I loved the discussion of the traditional front yard. Is it for looks or can it be a habitat for the butterfly?...food for thought..."

"I guess mine would be trimming trees to eye level so you can see and take awesome photos of the caterpillars. I sometimes spread my same flowers around my yard rather than grouping them, so I will be changing that."

"Love how the caterpillars have "eyes" to protect themselves, can sense the right chemical balance for host plants, chew off the leaves they are working on to hide from predators, and can make their chrysalis look just like a leaf to disguise. God is so Good!!"

Pat Sparks
GCA Butterfly/Butterfly Gardening Chairman

New Location for Schools in the Deep South Region

Easy access to all the NGC Schools, Refreshers and Symposia being held in the Deep South region are now located in one place on the Deep South web site.

http://www.dsregion.org/pdf/ngc schools.pdf

Have you visited the Deep South Region Website recently? How about your State Website? NGC? Our Webmasters around the region work hard to keep you "in the know" – THANKS TO ALL THE WEBMASTERS!

NATURE PHOTOGRAPHY

Capturing the beauty of nature is a delightful hobby, and now it is an option for our Flower Show displays. The public finds this medium fascinating and we are finding it's an exciting new component for a successful and educational Flower Show. For more information, check out the Handbook.

MEMBERSHIP MATTERS

"Make new <u>members</u>, but keep the old ... one is silver, the other gold"

Recruiting new members is important, but ensuring existing garden clubbers are experiencing positive and rewarding times should be an ongoing endeavor. Conducting a short survey on "what's working" and "what's not" provides a voice for your members and an opportunity to make changes. Consider using the roster to seek out members for responsibilities and ideas. We all have our "go to" list, but there are many just waiting to have someone ask them to get involved.

Back to the new members......The obvious ideas of inviting our friends to meetings, holding special programs to attract the community, and potentially new members, have all been used. But, what about the less obvious? Some examples:

Most communities have Arbor Day events where trees are given away or sold at a reasonable price. While picking out your tree, spend time with those sponsoring and attending the event to talk about your garden club.

Doing a Tour of Homes? Use the event to have your members who are plant experts and/or Master Gardeners to answer questions...and to talk about the garden club's upcoming events. Having brochures and business cards ready is always important.

Hold your next Flower Show in a public place and reach out to those attending about how they can be a part of what you do.

Participate in plant sales at the local Zoo or at the local farmer's market. Your club will make some money, but more importantly "Make new members." They will become your "Gold."

Mary Silas

Florida Chairman, Deep South Membership Committee

Endangered Plants in Your State

We always hear about the invasive plants and weeds in our yards and how they need to be eradicated. Also, we often hear about endangered animals that need our help to be saved from extinction. Obviously, the organizations that

look after endangered animals and those that are on the warpath to rid our region of invasive plants do a much better job at reaching the public than do those organizations that are working hard to save endangered plants in our country. Let's take a look at the issue of endangered, threatened and exploited plants at the federal and state level and how we can help the cause.

First, let's define what it is we are talking about. An "Endangered Plant" is a species of plants native to the state that are in imminent danger of extinction within the state, the survival of which is unlikely if the causes of the decline in the number of plants continue, and includes all species determined to be endangered or threatened pursuant to the federal Endangered Species Act of 1973, as amended, Public Law Number 93-205 (87 Statute 884). The 1973 Endangered Species Act provided for the conservation of ecosystems upon which threatened and endangered species of fish, wildlife, and plants depend. The Act:

- authorizes the determination and listing of species as endangered and threatened;
- prohibits unauthorized taking, possession, sale, and transport of endangered species;
- provides authority to acquire land for the conservation of listed species, using land and water conservation funds;
- authorizes establishment of cooperative agreements and grants-in-aid to States that establish and maintain active and adequate programs for endangered and threatened wildlife and plants;
- authorizes the assessment of civil and criminal penalties for violating the Act or regulations; and
- authorizes the payment of rewards to anyone furnishing information leading to arrest and conviction for any violation of the Act or any regulation issued thereunder.

"Threatened Plants" are species native to the state that are in rapid decline in the number of plants within the state, but which have not so decreased in such number as to cause them to be endangered. Commercially Exploited Plants" are species native to the state which are subject to being removed in significant numbers from native habitats in the state and sold or transported for sale.

Please understand that it is **unlawful** for any person to willfully destroy or harvest, collect, pick, remove, or injure

plants growing on private land of another or any public land without first obtaining written permission of the landowner or legal representative of the landowner or obtaining a permit at least 14 days prior to harvest. Permits are generally issued only if a plan involves salvaging plants from areas being developed or plants being used for scientific purposes. Licensed, certified nurserymen who grow from seeds or by vegetative propagation any of the native plants on the Regulated Plant Index are specifically permitted to sell these commercially grown plants and shall not be in violation of the law as it is the intent to preserve and encourage the propagation of these native plants which are rapidly disappearing.

The clearing or removal of regulated plants from a canal, ditch, survey line, building site or road or other right-of-way by the landowner or his or her agent, is exempt. The clearing or other disturbance of land for agricultural or silvicultural purposes, fire control measures, or required mining assessment work is also exempt.

Did you read the book *The Orchid Thief*? The rare Orchids being harvested from the Florida Everglades were being commercially exploited. Below are endangered Yellow-Fringed Orchids in a field by my home and endangered Pitcher Plants in bloom by a pond behind my property. A "Regulated Plant Index" is established within each state to relate the total number of species *native to a state* that are listed as commercially exploited plants, endangered plants and threatened plants. This list is usually put together by your state Department of Plant Industry or perhaps your Department of Agriculture. Any species of

plant that is in danger of disappearing from its native habitat within the foreseeable future throughout all or a significant portion of the range of the species because of present or threatened destruction, modification or curtailment of the range of the species, overutilization of



the species for commercial, scientific or educational purposes, disease or predation or any other natural or manmade factor affecting the continued existence of the species, shall be considered for protective status. In Florida we have over 400 plants listed on our Regulated Plant Index.

The federal listing of endangered plants is regulated by the US Fish and Wildlife Service (USFWS). The plants are given a numerical rating based on Occurrences, Abundance, Range of the species, Protection and the Degree of threat (fragility of element). Also any special considerations are taken into account (unusual aspects of biology in reproduction, habitat, etc.). The smaller the number, the more endangered the plant. It is hard to believe that some plant species have only 3 surviving members or are found in only one tiny microclimate in your state!



So what can we do to help save these endangered plants? First, become educated as to which plants are on the listing in your state and are in your area and share that information with landowners, land managers, and landscape professionals. Always vote to strengthen the Endangered Species Act to extend federal or state protection to plant species. Always support funding for rare plant research and conservation efforts through grant programs. Support the conservation, protection and reintroduction of plants by volunteering to assist at various sites where researchers are working. These plants need our help if they are to survive.

Tina Tuttle, DSR Horticulture Chairman

Page 11 of 18 DEEP SOUTH MATTERS Winter, 2014

Tips for Saving Gas

We all enjoy a road trip every now and then and "garden club ladies" are always on the go. I seem to visit the gas station often to fill up for that next garden club meeting, Gas prices rise more often than they fall. Here are a few handy tips that might save you some money in order to take more road trips.

- Track your mileage Have your car checked if the average miles you get per gallon continues to decrease over time. To calculate your mileage, note the odometer reading and number of gallons purchased each time you fill up. Divide the number of miles traveled between fill-ups by the number of gallons purchased.
- 2. Fill up on weekdays Prices usually rise on the weekend, so the best times to buy gas are typically Tuesday afternoons and Wednesday mornings
- 3. Look for discount gas cards Shell, Gulf, BP-Amoco, Exxon-Mobile, and others have rebate programs that offer as much as 5 to 10 percent off the gas you buy!
- 4. Avoid running on empty When your car is on empty you're actually using more gas because your vehicle is running less efficiently. Fill your gas tank when you have half a tank or a little less.
- 5. Less is more Don't carry around items you don't need. For every 100 pounds of weight in your car, fuel economy decreases by one to two percent. Put heavy items in the trunk instead of on a roof rack, which creates drag and eats up gas.
- 6. Look around Find the places near you that offer the cheapest gas and shop there first.
- 7. Consider checking into these great online resources: Cheap Gas, Gas Buddy, and Gas Price Watch.
- 8. Avoid idling Shut off the engine if you have to sit in your car for more than one minute.
- Check your tire pressure Under-inflated tires require more energy to roll. More energy means more gas.
 When it's time, consider replacing worn tires with low-rolling resistance tires.
- 10. Slow down Driving at posted speed limits saves fuel and saves lives. Each 5 mph over 60 mph is like paying an additional 10 cents per gallon. Use cruise control to maintain your speed.
- 11. Avoid gas stations near freeways Research shows that prices are often higher there.
- 12. Don't upgrade Unless your owner's manual suggests using a higher grade, buy regular gasoline. Costlier high-octane gas does not improve the performance of your vehicle.
- 13. Avoid topping off When you top off your tank, the pump doesn't have enough time to really activate,

- resulting in short bursts of fuel that may short change you from the amount of gas that you are purchasing.
- 14. Maintain your car Change your oil, spark plugs, and air filter on schedule. Always go to a repair shop if your "Check Engine" light comes on a faulty oxygen sensor could be the cause, lowering your mileage significantly.
- 15. Tighten gas cap Tightening the gas cap on your car will prevent gas from evaporating and escaping into the air. If you've lost your gas cap, buy a new one as soon as possible.
- 16. Combine trips Several short trips taken from a "cold start" can use twice as much fuel as one trip covering the same distance when the engine is warm. Carpool whenever possible.
- 17. Choose your vehicle wisely If you own more than one vehicle, remember to drive the one that gets better mileage when you have the option.
- 18. Choose your route wisely Take the route with the flattest terrain and fewest stops. Try to avoid traffic jams and stop-and-go traffic.
- 19. Avoid sudden stops and starts Erratic acceleration and braking can waste up to 50 cents a gallon.
- 20. Limit air conditioning Your A/C consumes fuel. At lower speeds, open the windows or sunroof to stay cool. At higher speeds, use the car's fan instead. Open windows create drag that reduces mileage.

A few more bright ideas

- Buy gas from busy stations Gas station pumps that are refilled regularly are more likely to have fuel that is fresh. Fresh gas has more power than gas that has been sitting in a station's pump.
- Made in the shade Park in the shade and it will minimize fuel evaporation as well as help keep your car cool in the summer.
- Fill up at night Believe it or not, pumps deliver more gas when temperatures are lower.
- Get a tune-up A simple tune-up on your car can improve your gas mileage by an average of 4.1 percent!
- And here's a bonus tip
- Check your oil Use the recommended grade of motor oil, preferably one with "energy conserving" on the label. Gas mileage could improve 1 to 2 percent.

Source: www.cudlautosmart.com

Pattie Smith

DSR Energy Conservation Chairman

Fun With Flowers

Have you had *Fun With Flowers*?? You will either reply 'Of course – I LOVE flowers!' OR I LOVE to grow them and I love to look at them in my yard. SOME of you will say "but it's TOO MUCH stress to try and arrange them – they look better in my garden."

Over twenty years ago – Jan Sillik of the Garden Club of Jacksonville got tired of hearing that refrain from the myriad of members there. Jan started a program with her good friend, Master Judge Lilly Craig; they would demonstrate seasonal designs and do a step by step demonstration with the participants following each step and when they were done – everyone had a design to display in their home. It became a very popular and successful membership recruiting tool and all the members who participated had a great time and learned how to 'arrange flowers.' Jan and Lilly applied for and won a National Garden Clubs Award for their program. This writer happened to be in the audience when the award was announced. As President of the Gainesville (FL) Garden Club, I felt it would be a great program to bring to our club. I had the feeling that when people saw me coming, or saw my name on Caller ID, they ran in the opposite direction. I was always asking for volunteers to dig holes for Habitat for Humanity or the local Hospice facility, or to please come and help weed this patch or

flowerbed at our clubhouse or the local veterans' park. I thought, "what a great way to give members something to look forward to each month." We had over 70 for our first Fun With Flowers in September, and by December, we had 120 registered for the Christmas Fun With Flowers!



The Gainesville Garden Club ended up making over \$1,000 that first year without even trying! We would charge the participants \$15 and pay a florist \$10 per person for all who attended. The florist brought the containers and flowers, and demonstrated how to make several designs – then would go step by step and lead the group in doing a design. We would publish the dates in the local newspaper, members started bringing friends, and within a year, we saw our membership increase significantly.

Fun With Flowers became a state program under President Joan Pryor, with Jan as Chairman. Many clubs host FWF Workshops during the year - some do monthly workshops, some have short "make and take" programs, others have refreshments and brief business meetings before they start. Many clubs have a member lead the group in doing an arrangement. This program is so flexible; you can model it to fit your clubs and/or communities' interests, needs and abilities. Prices, of course, vary by region. Some clubs charge \$25 and some \$15 - it depends on the presenter, whether florist or member, the arrangements completed and the season.

At the DEEP SOUTH CONVENTION in Birmingham on March 24-27, 2015, a workshop will be held to demonstrate several seasonal designs and to explain the program to all in attendance. We encourage you to attend this workshop – you'll get some GREAT IDEAS and perhaps get excited enough to bring it back to your club. We PROMISE everyone who attends will love it! Deep South Director, Gloria Blake, wants you to have a FUN and EDUCATIONAL and INFORMATIVE experience by attending Deep South Convention – this is just ONE way to ensure you go home energized and inspired. We look forward to seeing you there!



Lake City Garden Club students in a Fun With Flowers Class

For further information, please feel free to contact Claudia Bates, Deep South Floral Design Chairman at cbates727@gmail.com Watch future issues of DSM to see more wonderful Fun With Flowers photos from demonstrations and workshops. Claudia will share more photos with us illustrating FWF ideas.

Flower Show School Class

District X of the Florida Federation of Garden Clubs kicked off their Flower Show School for Judges on November 5th, 2014 at the serene Port St. Lucie Botanical Gardens in Port St. Lucie, Florida. A total of 40 ladies attended the first of 4 courses, either for NGC FSS credit, for enrichment or as committee members. Most of the students traveled within the District but there was one student from Jacksonville (4 hour drive). The instructors were Barbara May, Mary Huntoon and Cathy Felton from Florida and Massachusetts. Jan Warshauer was the School Chairman.

The students were wildly excited about the opportunity to take this FSS course, the first one in 20 years in our District. Traditional Designs were studied as well as horticulture lectures on Sansevieria and Salvia. Even though everyone in the class thought they knew all about Sansevieria's, they were surprised to learn so many more facts about this plant. Lectures about Flower Show Procedures were full of information. All attendees were eager to get back to their clubs to sign up for Flower Show Committee work for upcoming 2015 Flower Shows. Nothing like classes to get Garden Club Members motivated to put their newfound knowledge to work.

Point scoring was a challenge; but, the students were pleased to learn this very important facet and responsibility of National Garden Club Flower Show Judges. Who knew there were so many aspects to critique? Everyone was a bit subdued after the exam but is looking forward to the next 3 classes. Course II commences at the Port St. Lucie Botanical Gardens on March 31, April 1 and 2, 2015.

Twig Morris, Garden Club of Wellington member, stated, "This class was an incredible experience for me and I am enthusiastic to see what the next three classes hold in store for all of us students. It is going to be an interesting journey."



A "Traditional Mass Design" created by a Judge



A "Still Life" Design created by Mary Huntoon, the Design instructor



Sansevieria, one of our two horticultural subjects to study



3 line designs submitted for the point scoring exercise



Students, judges and teachers from Florida District X FSS course 1, held in Port St. Lucie, FL

Emilie Palmieri as District X Director, FFGC Donna Cobb Swift, 1st Vice President, Garden Club of Stuart, FSS, Course I Committee

NGC SCHOOLS

Flower Show School

Course I

November 5-7, 2014 - Port St. Lucie, FL

Registrar: Michele Meyers (561) 655-7957

Instructors:

F.S.P.: Barbara May

Horticulture: Cathy Felton | container foliage, sansevieria

and fruits, vegetable, nuts, and herbs: sage

Design: Mary Huntoon

Course II

November 18-20, 2014 - Pensacola, FL

Registrar: Judy Keliher (814) 243-1064

Instructors:

FSP & Horticulture: Tina Tuttle | ivy and holly

Design: Claudia Bates

Course III TBA See NGC website for update **Course IV-TBA** See NGC website for update

Environmental Studies School

Course III

November 3-4, 2014 - Tifton, GA

Local Chairman: Avernell Rogers <u>avernellr@att.net</u>

(229) 244-2618

2014 Gardening Study School

Course II

November 14-15, 2014 - Augusta, GA

Local/State Chairman: <u>Judith Kirkland</u> <u>jukirkland@knology.net</u> (706) 556-3417

2015 Gardening Study School

Course IV

May 1-2, 2015 - Augusta, GA

Local/State Chairman: <u>Judith Kirkland</u> <u>jukirkland@knology.net</u> (706) 556-3417

Required Reading

The reading for this course is the NGC subscription publication The National Gardener magazine. There are several ways to order the magazine and there is more information available on the NGC website.

2014 Landscape Design Study School

Course I

November 12-13, 2014 - St. Petersburg, FL

State Chairman: Jayne Hemstreet (813) 977-5156

Course I

December 1-2, 2014 - Marietta, GA

State Chairman: Jane Whiteman

jamawhit@bellsouth.net

404-252-4473

Course III

November 18-19, 2014 - Miramar, FL

State Chairman: <u>Jayne Hemstreet</u> (813) 977-5156 Local Chairman: <u>Marylou Ruiz</u> (305) 822 2717 Registrar <u>Deborah Smith</u> (305) 964 5186

2015 Landscape Design Study Courses

Course II

January 5-6, 2015 - Marietta, GA

State Chairman: Jane Whiteman (404) 252-4473

Required Reading

"Stewards of the Land" along with the NGC subscription publication The National Gardener magazine.

Newscape – the NGC Landscape Design Newsletter

- Newscape Spring 2014, Newscape Fall 2013,
- Newscape Spring 2013, Newscape Spring 2012,
- Newscape Fall 2011

2015 Tri-Refresher (ESS, LDS, GSS)

TBA See NGC website for updates

2015 Symposium Schedule

February 12-13, 2015 - Hernando, MS

Local Registrar: Pat Young (662) 429-3060 Instructors: Julia Clevett, "With a Spin of the

Wheel...Color"

Allied Topic: "What Type Judge Are You?"

Horticulture: Dot Yard. Allied Topic: "The Handbook,

Where Are We Going?"

March 16-17, 2015 - St. Augustine, FL

Local Registrar: Lois Hannabury-Deno (904) 461-5448
Instructors: Design: Julia Clevett, "Creativity, New

Trends and Techniques"

Horticulture: Tina Tuttle, "Cacti and Succulents"; Allied

Topic: "Arboreal"

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Applications for NGC President's Special Project MAKING A WORLD OF DIFFERENCE - Choices Matter AIR -- WATER -- FOREST -- LAND -- WILDLIFE

\$ Rewards ... \$ Rewards ... \$ Rewards First Place - \$200 Second Place - \$100 (in each resource category)

... Little Clubs ... Medium Clubs ... Big Clubs ... X-Large Clubs

First Place - \$200 Second Place - \$100 (in each state category)

- ... X-Large State ... Large State ... Medium State ... Small State
 - 1. Clubs select any Natural Resource Category.
 - 2. Plan, learn, educate and implement a club or state project.
 - 3. For complete award: www.gardenclub.org -- Click on Projects.
 - 4. Clubs send 3-page award application to appropriate chairman.**
 - 5. States send 3-page Education promotion to Marion Hilliard
 - 6. Need help? Project Coordinator: marionh@bellsouth.net

ALL ENTRIES MUST BE POST MARKED BY DEADLINE MARCH 31, 2015

AIR - Doris Jackson dfcjx@aol.com FOREST - Phyllis Besch pdbesch@aol.com WILDLIFE - Mary Jacobs mary gardens@att.net

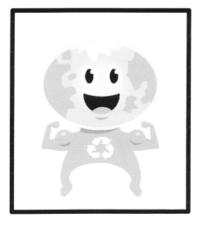
WATER - Mary Sue Colvin mscolvin2@gmail.com LAND - Caroline Wittman Caroline.wittman@cox.net IA - Sandy Mangels sandy.mangels@yahoo.com

WILDLIFE/NATIVE BEES - Debbie Skow - d.sk.1159@gmail.com

Ecology Warriors

Ecology Warriors

Ecology Warriors is an educational publication of National Garden Clubs, Inc. It covers many important topics such as: Air, Bees, Birds, Butterflies, Energy, Forests, Invasive Plants, Land Conservation, Recycling, Water, and Wildlife. Here are a couple of pages to whet your appetite.



Ecology Warriors

Helping to Save the Environment

Conservation Pledge

I pledge to protect and conserve the natural resources of the planet earth and promise to promote education so we may become caretakers of our air, water, forest, land and wildlife.

MAKING A WORLD OF DIFFERENCE - Choices Matter

"Making A World of Difference - Choices Matter" can open new doors for in-depth creative learning and educational opportunities centered on the natural resources of planet earth - our air, water, forest land and wildlife. Education is the key in making responsible decisions for today and tomorrow. Educated citizens are responsible stewards, who then are able to make wise choices for conserving and protecting our planet earth and its natural resources.

The Environmental Concerns and Conservation Committee of National Garden Clubs, Inc. invites you to become an Ecology Warrior as you investigate and study the contents of this booklet. You can make a world of difference by the choices you make for the conservation and preservation of our natural resources.

My name is

I am an Ecology Warrior!



The question is not 'can you make a difference?' You already make a difference. It's just a matter of what kind of difference you want to make. Choices matter!

National Garden Clubs, Inc.

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ecology WARRIORS, October 2014

Ecology Warriors

Birds



- The Americas are home to a tremendous diversity of native birds.
- One in three people living in the United States is a bird-watcher.
- Natural habitat areas are dwindling in size and many have been eliminated. As a result, migratory birds are losing their resting stopovers and are forced to travel huge distances to find food.
- A simple and effective solution is to create a wildlife habitat. Habitat gardening provides immediate benefits, but long-term effects are even better.
- When we make certain that our environment remains a healthy place for wildlife, we are keeping it healthy for humans as well.
- The best way to supply birds with the food they need is by planting a wide variety of native plants and trees. Supplemental bird feeders can also add nutrition to their diets.
- Always feed natural fresh seeds, feed small amounts daily and clean feeders once a week with 10% bleach solution.
- You can also feed birds by using peanut butter in pinecones, suet feeders, seed feeders, hummingbird feeders, nectar feeders, and fruit and nut holders.
- Be sure to include a clean water source. A birdbath, small pond or shallow container with about ½ inch to 1 inch of water can fulfill the need for bathing and drinking.
- Birds also need dust to have a dust bath, which helps birds absorb excess oils in their feathers and also discourage mites and other parasites.
- Cover is as important as food and water to the survival of birds. Protective cover is needed for nesting sites, sleeping and feeding areas.
- Different species have different cover requirements, so consider as many types of cover as possible: rock
 piles, brush piles, hollow logs, trees, shrubs, tangles of vines, meadow grasses, and even water.

Interactive bird song poster created by Minnesota Conservation magazine.

Click on the bird you want to hear at: www.dnr.state.mn.us/volunteer/julaug10/bird_songs_interactive.html

Become a birdwatcher and learn all you can about different birds, help the birds survive, and commit to protecting them for the health of the world.

National Garden Clubs, Inc.

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ecology WARRIORS, October 2014

